

12625 High Bluff Dr., Ste. 202
San Diego, CA 92130
(858) 481-4988 Fax (858) 792-5095

CHILD/TEEN HISTORY

Place a check for each symptom that applies:

- | | |
|--|---|
| Q Suicidal thoughts | Q Homicidal thoughts |
| Q Depression/sadness | Q Anxiety/nervousness |
| Q Recurrent/intrusive thoughts | Q Nightmares |
| Q Loss of appetite | Q Recurrent/intrusive disturbing recollections or dreams |
| Q Weight loss | Q Overwhelming need to perform certain behaviors/rituals |
| Q Overeating | Q Excessive fears or phobias |
| Q Weight gain | Q Significant concerns with physical problems |
| Q Difficulty sleeping | Q Poor frustration tolerance |
| Q Apathy | Q Explosive anger |
| Q Fatigue | Q Rapid mood changes |
| Q Loss of interest in almost all activities | Q Euphoria (feel on top of the world) |
| Q Feeling worthless | Q Racing thoughts |
| Q Feelings of hopelessness | Q Decreased need for sleep |
| Q Poor self esteem | Q Aggressive |
| Q Sexual problems | Q Visual or auditory hallucinations |
| Q Anorexia or Bulimia | Q Stomach aches |
| Q Unmotivated | Q Bizarre behavior |
| Q Dependent | Q Shy and withdrawn |
| Q Quiet | Q Self-mutilates |
| Q Resists change | Q Self-stimulates |
| Q Wetting bed or clothes | Q Exhibits sexually inappropriate behavior |
| Q Bowel movements in underwear | Q Risk-taking |
| Q Emotional | Q Is cruel to other people |
| Q Immature | Q Swears a lot |
| Q Is very fidgety | Q Steals things without people knowing on several occasions |
| Q Can't remain seated | Q Often runs away from home and stays away overnight |
| Q Can't wait his/her turn when playing with others | Q Easily lies to others |
| Q Answers before s/he hears the whole question | Q Firesetting |
| Q Rarely follows other's instructions | Q Doesn't go to school |
| Q Destroys other people's property | Q Breaks into other people's property |
| Q Is cruel to animals | Q When fighting, has used a weapon |
| Q Starts fights with others | |
| Q Other unusual behavior: _____ | |

Indicate which stressors the child is experiencing currently (within last 6 months) or in the past.

- | Now | Past | Now | Past | Now | Past | Now | Past |
|-------|-------|-------|-------|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |

Is s/he currently receiving therapy? _____ From who? _____

When did s/he start therapy? _____ For what problem(s)? _____

List current psychiatric medications and dosages: _____

Has s/he received therapy in the past? _____ From who? _____

When (Start and finish): _____ For what problem(s)? _____

List past psychiatric medications: _____

Has s/he been hospitalized for psychological problems? _____ When? _____

Where was s/he hospitalized? _____

Has s/he ever attempted suicide? _____ When? _____ How? _____

Circle substances s/he currently uses (Even if only occasionally or in small amounts):

Alcohol Tobacco Marijuana Barbiturates ("Downers") Tranquilizers
Amphetamines ("Speed") Crank Crack Cocaine Opiates (Heroin, Opium, Codeine, etc.)
Hallucinogenics (LSD, STP, "Magic Mushrooms", etc.) PCP ("angel dust") Other: _____

Circle substances s/he has taken in the past (Even if only occasionally or in small amounts):

Alcohol Tobacco Marijuana Barbiturates ("Downers") Tranquilizers
Amphetamines ("Speed") Crank Crack Cocaine Opiates (Heroin, Opium, Codeine, etc.)
Hallucinogenics (LSD, STP, "Magic Mushrooms", etc.) PCP ("angel dust") Other: _____

Has your child had a prior psychological or neuropsychological evaluation? Yes ___ No ___ If yes, complete this information:

Name of psychologist: _____

Address: _____

Phone: _____ Date of and reason for this evaluation: _____

Findings of the evaluation: _____

DOCTORS NOTES

Birth and Developmental History

Place of Birth: _____ Were parents married at time of birth? _____

Was mother under a doctors care during the pregnancy? _____ Was the child adopted? _____ If so, at what age? _____

Circle any illnesses during pregnancy:

Anemia Toxemia Herpes Measles German measles Bleeding
Kidney disease Heart disease Hypertension Abdominal trauma Infection Diabetes

Medications taken during pregnancy: _____

Were drugs or alcohol taken during pregnancy? Yes ___ No ___ If yes, specify: _____

Was there significant emotional stress during pregnancy? Yes ___ No ___ If yes, name stressors: _____

Was the birth: On time ___ Premature ___ (By how long _____) Late ___ (By how long _____)

Was labor: Spontaneous ___ Induced ___ Duration of labor ___ (Hours) Cesarean required? _____

Was the presentation: Normal ___ Breach ___ Transverse (Crosswise) ___ Posterior first ___

Did the baby experience any of these problems: Fetal distress ___ Prolapsed cord ___ Low placenta (Placenta previa) ___ Premature separation of the placenta (Abruptio placenta) ___ Cord wrapped around neck ___

Any other problems that mother or child had: _____

Was general anesthesia used? _____ Were forceps used? _____ Were there breathing problems? _____

Birthweight: _____ Length: _____

Circle those that apply to the first few weeks after birth:

Excessive sleeping Laziness Irritability Excessive crying Stiffness Limpness
Tremors Twitching Feeding difficulties Vomiting Jaundice Other _____

Transfusions required? _____ Medication required? (For what) _____
Surgery required? (For what) _____

Give approximate ages that developmental milestones were achieved:

Head control _____ Rolled over _____ Sat alone _____ Walked _____ Run _____
Said first word _____ Used sentences _____ Self feeding w/ utensils _____ Toilet trained _____
Dress self _____ Tie shoes _____ Color within lines _____

Circle any problems that occurred in later development:

Hearing Speaking Stuttering Reading Writing Spelling Arithmetic Behavior Hyperactivity
Attentional difficulties Seizures Coordination

List family members with developmental or learning problems: _____

Medical History

Please check all the conditions that have been diagnosed.

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> AIDS, ARC or HIV+ | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Immune system disease | <input type="checkbox"/> Poisoning |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Enzyme deficiency | <input type="checkbox"/> Jaundice | <input type="checkbox"/> Polio |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Encephalitis | <input type="checkbox"/> Kidney problems | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Ear Infections | <input type="checkbox"/> Liver disorder | <input type="checkbox"/> Rheumatic Fever |
| <input type="checkbox"/> Abscessed ears | <input type="checkbox"/> Fevers (104 or higher) | <input type="checkbox"/> Lung disease | <input type="checkbox"/> Radiation exposure |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Genetic disorder | <input type="checkbox"/> Lead poisoning | <input type="checkbox"/> Scarlet fever |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Head injury/concussion | <input type="checkbox"/> Leukemia | <input type="checkbox"/> Senility (Dementia) |
| <input type="checkbox"/> Blood disorder | <input type="checkbox"/> Heart problems | <input type="checkbox"/> Metabolic disorder | <input type="checkbox"/> Stroke or TIA |
| <input type="checkbox"/> Broken bones | <input type="checkbox"/> Hereditary disorder | <input type="checkbox"/> Meningitis | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Brain disease | <input type="checkbox"/> Headaches | <input type="checkbox"/> Measles | <input type="checkbox"/> Tumor |
| <input type="checkbox"/> Cerebral palsy | <input type="checkbox"/> Hearing problems | <input type="checkbox"/> Mumps | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Colds (excessive) | <input type="checkbox"/> Huntington's disease | <input type="checkbox"/> Malnutrition | <input type="checkbox"/> Venereal disease |
| <input type="checkbox"/> Chicken pox | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Vision problems |
| <input type="checkbox"/> Hormone problems | <input type="checkbox"/> Oxygen deprivation | <input type="checkbox"/> Carbon monoxide poisoning | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Hazardous substance exposure | <input type="checkbox"/> | <input type="checkbox"/> Whooping cough |
| <input type="checkbox"/> Other medical/physical problems _____ | | | |

Has your child ever been diagnosed with epilepsy or a seizure disorder Yes ___ No ___

If yes, check the one you have been diagnosed with.

PARTIAL _____ GENERALIZED _____ UNCLASSIFIED TYPE _____

List any medications currently being taken (over-the-counter or prescription), and the dosage.

Medication and Dosage

- 1) _____ 4) _____
2) _____ 5) _____
3) _____ 6) _____

List any medications your child is ALLERGIC or sensitive to: _____

Past Hospitalizations (When, where and for what):

Outpatient Surgeries (When, where and for what):

Name of family physician: _____

Address: _____

Phone: _____ Date of your last medical check-up: _____

Family History

Father's Name _____ Age _____ Health Problems _____
Education _____ Occupation _____ Employer _____
Mother's Name _____ Age _____ Health Problems _____
Education _____ Occupation _____ Employer _____

Date of parent's marriage _____ Years married _____ Current marital problems? _____
If separated, give date _____ If divorced, date _____ Previous marriages? (Father) _____ (Mother) _____
Subsequent marriages? (Father) _____ (Mother) _____

If divorced, current custody arrangement _____

Please provide information regarding step-parents if parents are divorced:

| Name | Age | Education | Occupation | Date Married | # Years |
|-------|-------|-----------|------------|--------------|---------|
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |

Names and ages of brothers and sisters (Include step-brothers and step-sisters):

List anyone else who has lived in the home during your child's life: _____

List names of any family members (e.g. Immediate and distant relatives) with any of the following problems:
Alcohol/drug abuse _____
Criminal history _____
Emotional/behavioral problems _____
Medical problems (e.g. Heart disease, Cancer, Seizures) _____
Learning/developmental problems _____

DOCTORS NOTES

Social History

How long has s/he lived in current home? _____ Apartment or house? _____ How long in this town? _____
How many changes in residence in child's lifetime? _____ Ages moves occurred? _____
What towns has s/he lived in the past? _____

How many friends does your child have in your neighborhood? _____ First name of best friend in neighborhood: _____
How often does s/he play with neighborhood friends? _____ Any conflict problems (What type)? _____
What are his/her most frequent play activities? _____
How many friends does s/he have at school? _____ First name of best friend at school: _____

Is your child well liked/accepted at school? _____ Any conflict problems (What type)? _____

Does s/he have a girlfriend/boyfriend? _____ First name: _____ Involved how long? _____
Is this relationship stable? _____ Type of problems (if any): _____
How many girlfriends/boyfriends in the past? _____ Starting at what age: _____ Is s/he currently sexually active? _____
When did s/he first become sexually active? _____ Currently using birth control (What type)? _____

Any aborted pregnancies/miscarriages? ____ Any children outside of marriage? ____ Names/Ages: _____

List clubs and organizations that s/he is involved in: _____

Is your child involved in a church/temple? ____ Denomination: _____ Attend how often? ____

What time/activities do you share with your child? _____

Please describe your last vacation (when & where): _____

Educational History

Current grade (Or highest grade/degree completed): ____ Current school: _____

Past schools attended (List in order): _____

Hardest subject(s): _____ Favorite subject(s): _____

Grades earned in elementary school: _____ Junior High G.P.A _____ High School G.P.A. _____

Grades repeated: ____ Learning problems (what subjects): _____

Special education placement (Type): _____ During which grades: _____

IEP _____ 504 _____

Extracurricular activities (Music, Sports, Clubs, etc.) _____

Expulsions/suspensions/conduct problems (Type of problem and date): _____

Additional schooling or non-academic training: _____

DOCTORS NOTES

Occupational History

Present employer: _____ Position: _____

Length of employment: ____ Hours worked per week ____ Current responsibilities: _____

List previous employment (Include dates and type of work):

Have you ever been terminated from a job (Please explain): _____

At any time on the job were you ever exposed to dangerous chemicals or substances (e.g., Mercury, Lead, Radiation, Solvents, Pesticides, Chemicals, etc.)?

Yes ____ No ____ If yes, explain: _____

Have you ever been injured on the job? Yes ____ No ____ If yes, explain: _____

Legal History

Present legal problems (Describe): _____

Past arrests (For what?): _____

Convictions (For what?): _____

Time served in juvenile hall, jail or prison (Give dates and locations): _____
